

2012 Lake Travis Elite Volleyball Camp



Lake Travis High School Gymnasium

July 30th – August 2nd 2012

8:00 a.m. – 12:00 p.m.



This is a rigorous, high-intensity, camp for incoming 9th-12th graders. The purpose of this camp is to prepare you for the upcoming 2012 volleyball season, giving you an opportunity to play in your own gym with the teammates you will have for the duration of the season. It consists of fundamental fine tuning, offensive/defensive systems, serving strategies, advanced hitting and blocking, teamwork/mental toughness drills, and lots of competition, with an hour of conditioning at the end.

Our camp instructor will be Jeff Hamm. Jeff Ham is the owner and Training Director for Houston Juniors Volleyball Club in Houston, Texas. He was the assistant coach at San Jacinto College in Pasadena, TX for 8 seasons and Head Coach at the school for 1 year. Jeff spent 5 seasons at South Shore Volleyball Club in Clear Lake before becoming Assistant Director and Head Trainer for Texas Tornados Volleyball Club a job he held for 5 years till leaving for Texas Pride and now Houston Juniors. Jeff is also a founding member of the Lone Star Region High Performance Program.

Registration deadline is **July 15th, 2012**. Checks can be made out to “Jeff Hamm.” Complete and return the registration form below, along with your \$125 camp fee, or \$25 deposit to:

Jennifer Kazmierski
Head Volleyball Coach
Lake Travis High School
3324 Ranch Road 620 South
Austin, TX 78738

If you have questions about the camp, or if it is after the July 15th deadline, call Coach Kaz at (512)533-6140 or email at kazmierskj@ltsidschools.org. The balance (if any) is due on July 30th.

Lake Travis Elite Volleyball Camp Registration Form

Name: _____ Age: _____

Grade (2012-2013): _____ T-shirt Size: S M L XL

Parent/Guardian: _____

Address: _____ C ity: _____

Phone: _____ Emergency Phone: _____

Email: _____

Assumption of Risk: I agree to release all claims against Lake Travis ISD or its employees from liability for injury or illness incurred while engaged in the activity in question. I give the staff permission to act in its best judgment in the case of emergency.

Parent/Guardian Signature: _____

_____ Date: _____